

Event is open to Laguna Woods Village residents and their guests only

# Alzheimer's OC Club, Laguna Woods Village

## Join us for a series of Brain Fitness exercise led by Cognitive Care Solutions

This class/event will cover the following:

**In this class you will be trained in the following skills:**

- Memory & Reasoning
- Attention & Concentration
- Word Naming & Problem Solving
- Logical Sequencing & Visual- Spatial Skills

  
Rec. Dept. Approved *WA*

*Presented by:*

**Allyson Lehrich, LCSW**  
President

**Friday, September 8, 2017**

10:00 a.m. – 12:00 p.m.

**Alzheimer's OC Club**  
**Meeting and Information Session**

23822 Avenida Sevilla, Clubhouse 3, Room 2  
Laguna Woods, CA 92637

No cost to attend. Open to all.  
RSVP preferred, but not required:  
949-757-3721



*Cognitive Care*  
**SOLUTIONS**  
Comprehensive Cognitive Wellness



The Alzheimer's OC Club's mission is to increase awareness and understanding about Alzheimer's disease and related dementias, offer help to people affected, their caregivers and loved ones, and provide support to sustain and extend the programs of Alzheimer's Orange County.

**For more info contact Club President, Sunshine Lutey, Phone: 949-278-6454; Email: [SunshineLutey@gmail.com](mailto:SunshineLutey@gmail.com)**